



Patients on [thyroid hormone](#) preparations and parents of [pediatric](#) patients on [thyroid therapy](#) should be informed that:

1. Replacement therapy is to be taken essentially for life with the exception of cases of transient [hypothyroidism](#) usually associated with [thyroiditis](#), and in those patients receiving a [therapeutic](#) trial of the drug. This may also be used to treat Wilson's syndrome as described by your doctor.
2. They should immediately report during the course of therapy any signs or symptoms of thyroid [hormone toxicity](#) e.g., [chest pain](#), increased [pulse](#) rate, [palpitations](#), excessive [sweating](#), heat intolerance, nervousness or any other unusual [event](#).
3. In case of concomitant [diabetes mellitus](#), the daily dosage of antidiabetic [medication](#) may need readjustment as thyroid hormone replacement is achieved. If thyroid medication is stopped a downward readjustment of the dosage of [insulin](#) or oral [hypo-glycemic](#) agent may be necessary to avoid [hypoglycemia](#). At all times, close monitoring of [urinary glucose](#) levels is mandatory in such patients.
4. In case of concomitant oral [anticoagulant](#) therapy, the [prothrombin time](#) should be measured frequently to determine if the dosage of oral anticoagulants is to be readjusted.

SEE DOSING INSTRUCTIONS BELOW

Your doctor has prescribed Liothyronine for you. We have compounded a starter kit so you can start at a low dose and gradually build to the highest dose. This is necessary to avoid certain side effects. You should have 5 bottles of capsules in the kit. Start by taking one Liothyronine 7.5mcg capsule twice daily for 6 days. When these run out, switch to one 15mcg capsule twice daily for 6 days. When they run out, begin taking one 22.5mcg capsule, twice daily for 6 days. When those run out, move up to the 30mcg capsule twice daily for 15 days. When those run out, move up to the last bottle and take one 37.5mcg capsule twice daily for 15 days. This will be the dose that you remain on until your next refill. Feel free to call us with any questions you may have.

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