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## **Nitroglycerin Ointment**

### **Medication:**

Nitroglycerin Ointment

### **Use:**

This topical ointment is often used for anal fissures.

### **Side Effects:**

Headache is the most common side effect. This may be an indication that too much of the medication is being applied. Other side effects include hypotension (low blood pressure), rash, nausea, dizziness, and flushing.

### **Directions:**

Nitroglycerin Ointment is usually applied two to four times a day. When applying the ointment, patients should wash hands before and after use. When applying the medication, patients should be sure to use a finger cot, glove, or a Q-tip (to avoid contact with hands). Patients should apply medication into anal canal or as directed by physician. This insures that the medication is being absorbed only where needed.

### **Warnings:**

Apply the medication exactly as directed by their physician. Patients should not use it differently without the physician's authorization.

**For any questions, either talk to your healthcare provider or your pharmacist.**