



PROFESSIONAL PHARMACY

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HCQR Cream

Medication:

HCQR contains the active ingredients hydroquinone, tretinoin, and hydrocortisone.

Use:

HCQR contains the active ingredients hydroquinone, tretinoin, and hydrocortisone, which are used to fade dark skin spots. Hydroquinone inhibits melanin formation and functions as the depigmenting agent. Tretinoin increases the turnover rate of the skin's epithelial cells. Hydrocortisone relieves inflammation and reduces the occurrence of side effects associated with the other components of the cream. Hydrocortisone also acts to enhance the effects of the hydroquinone and tretinoin.

Side Effects:

Skin irritations including redness, rash, burning, itching, dryness, and stinging may be caused by HCQR Cream. These and other effects should disappear in a few days as the patient's body adjusts to the medication. If these effects persist or worsen, inform your doctor. Notify your doctor if redness, swelling, or irritation does not improve with continued use of the cream.

The components of this cream can also cause photosensitivity, or a greater potential to develop sunburn when the patient is exposed to sunlight. Patients should minimize sun exposure and discuss the use of a sunscreen with their physician or pharmacist.

Precautions:

This cream is for external use only. Patients should not use cream around the eyes. Patients should avoid the concurrent use of products which contain benzoyl peroxide, resorcinol, sulfur, or salicylic acid. Patients should not continue use of this product if severe skin irritation occurs. Patients should use this product only for the condition for which it is prescribed. Patients should avoid exposure to wind and cold temperatures as these can irritate or dry the skin. Patients should try to use a mild, non-medicated soap and avoid frequent washing and harsh scrubbing. If a patient is pregnant or breast feeding, the patient should discuss the risks and benefits of using this medication with her physician.

If a patient misses a dose, he/she should use the medication as soon as remembered. Patients should not use it if it is almost time for their next dose; instead, they should skip the missed dose and resume the usual dosing schedule. Patients should not "double-up" the dose to catch up.

Directions:

Patients should clean and dry the affected area before applying the medication. Patients should gently massage a small amount of the cream into the affected area only. Patients should avoid using this medication around the eyes unless directed to do so by their doctor.

Storage:

HCQR Cream should be stored in the *refrigerator*, but not frozen. Patients should not use the cream beyond the expiration date.

For any questions, either talk to your healthcare provider or your pharmacist.

